



# INDIAN SCHOOL AL WADI AL KABIR

DEPARTMENT OF EVS [2023 – 2024]

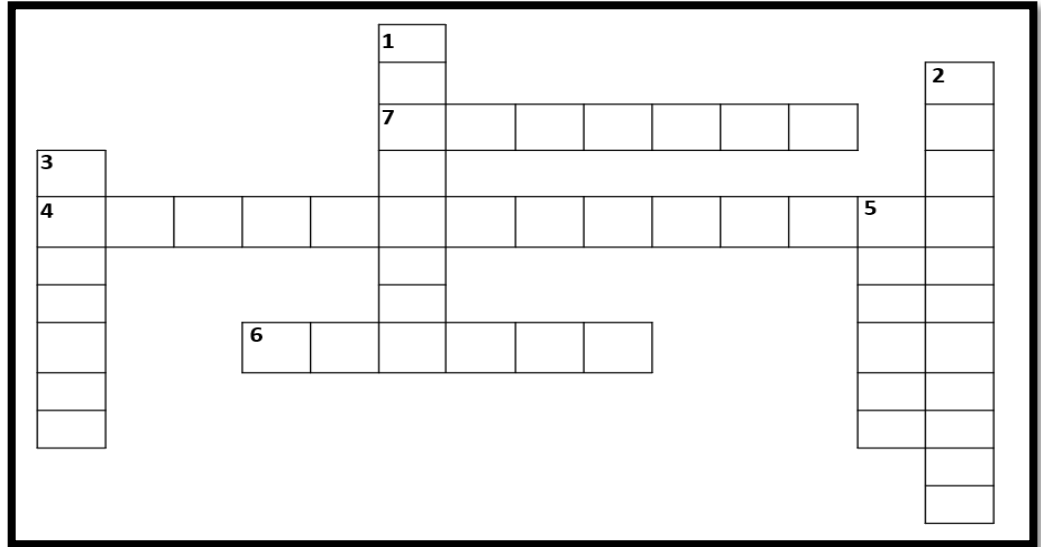
LESSON: HEALTH AND DISEASES  
RESOURCE PERSON: SAGAYA MARY LOUIS

WORKSHEET 1

NAME: \_\_\_\_\_ CLASS: V SEC: \_\_\_\_\_ DATE: \_\_\_\_\_

**Q 1. Complete the crossword by filling in the names of the diseases caused due to the deficiency of the following nutrients. (Integrating English)**

ACROSS	
4	Vitamin A
6	Iodine
7	Vitamin D
DOWN	
1	Vitamin B
2	Proteins
3	Iron
5	Vitamin C


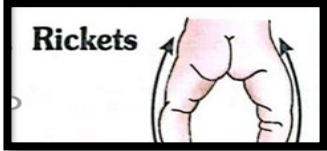




**Q 2. Given below are two statements - one labelled Assertion (A) and the other labelled Reason (R). Select the correct option to these questions and write them in the box.**

- (a) Both A and R are true, and R is the correct explanation of this assertion.
- (b) Both A and R are true, but R is the incorrect explanation of this assertion.
- (c) A is true but R is false.
- (d) A is false but R is true.

Sr.no		Statements	Answer
i)	Assertion	Vaccination is an effective way of preventing communicable diseases.	
	Reason	Vaccination creates immunity against a particular disease.	
ii)	Assertion	Communicable diseases are contagious.	
	Reason	We should prevent the spread of communicable diseases.	
iii)	Assertion	Cholera is caused by viruses.	
	Reason	Cholera spreads through infected food and water.	

**Q 3. Complete the table with the relevant details.**

Deficiency diseases	Caused by lack of this nutrient	Symptoms	Food giving deficient nutrient
 <p>Goitre</p>			
 <p>Rickets</p>			
 <p>Beriberi</p>			
 <p>Night blindness</p>			

**Q 4. Establish the relationship and complete the following sequence.**

- Edward Jenner: Small pox, \_\_\_\_\_ : Cholera
- Chicken Pox: direct contact, Diphtheria: \_\_\_\_\_
- Viral fever: communicable, Goitre : \_\_\_\_\_

**Q 5. Sam found mosquitoes breeding in an empty house in his neighborhood. According to you what could be the reason for it and why? Tick the correct option and justify it with a reason.**

- The house did not get enough sunlight and air.
- The floor was not cleaned with a disinfectant.
- There was stagnant water inside the house.

Reason - \_\_\_\_\_